

Welcome to the World Alex!

PAUA Early Childhood Home Based Care Service

DOB: 25 February 2010

Age: 3 weeks ☺

Parents: Tania and Shane

Educator: Amanda

Date: 18 March 2010

Introducing Alex!



I was so glad to come and meet you today Alex and I must say you are just the spunkiest little dot!

I was privileged to give you lots of cuddles and have a chit chat, through the hiccups, about how life was going. After a few yawns and droopy eyes, I wrapped you up and put you down for a short nap.



Alex is enjoying a chat and then I think he is trying to smile at me!

☺ ☺

During these early months, Alex is totally dependent on others, he has little prior knowledge or experience and is learning to anticipate events and to communicate his needs in a confusing world.

[Te Whaariki, The infant, pg 22]

Rest time



All snuggled up for a sleep, you look very cosy Alex. Sleep is very important for you as it is a necessary part of healthy brain functioning. The right amount of restful sleep is needed for your overall good health. Sleep has a direct influence on many of the body's functions and helps the body to heal, grow, and stay on track. The amount and quality of sleep we have can affect our safety, how alert we are, as well as our memories, moods, behavior, and learning abilities. Sleep is especially important for children's learning. [www.childcareaware.org]

It was really cool coming and meeting you today Alex.
I look forward to seeing you again soon.



Copies to: Amanda, Tania and Shane, File

Notes:

☺ *Typing in Italics indicates a direct quote from "Te Whāriki" - the New Zealand Early Childhood Curriculum published by the Ministry of Education (1996).*

☺ *Typing in this font indicates a direct quote from Alex!*

☺ References [www.childcareaware.org]